



# NORTHERN COUNTIES SAFETY GROUP LIMITED

Safety Training & Services to the Construction Industry

## FACT SHEET

### Asbestos Awareness - ½ day

**Aims:** This course of training is aimed at construction site personnel, including managers and supervisors who work on refurbishment and demolition projects where they may encounter asbestos containing material in the fabric of the structure during the work. It is also suitable for any employees who may be at risk of encountering asbestos containing materials during their day to day duties.

**Course Content:**

- Asbestos History
- Asbestos Fibres/Types
- Where asbestos can be found?
- How it can affect you?
- How do you know you are at risk?
- What you need to do to protect yourself and others?
- Emergency Plans
- Legislation overview
- Knowledge retention test

**Participants:** Maximum of 16 delegates per course.

**Duration:** ½ day ( 3½ hours )

**Objectives:** At the end of the training session delegates will be able to:

- Understand the nature of asbestos and the main fibre types
- Know where asbestos can be found in buildings and types of material
- Understand how exposure to asbestos containing material can affect the long term health of the worker and how other people can be affected
- Understand the need for an emergency plan to deal with accidental exposure or disturbance
- How to reduce risk of exposure from asbestos containing material

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